

LONDON LEGION T&F SERVICES

- #1 Ranked Club in Ontario in 2006 (Indoor)
- No hidden costs...ie fundraising, bingos, fees etc.
- All coaches have professional status, ie teachers, nurses etc
- 100% volunteer Coaches, Management team, and Board
- Affordable Family Pricing Options within 10% of Provincial Benchmark for Club Pricing
- Experienced Coaches with Athletic Competitive Experience
- Sponsors include 6 Legion Branches, City of London (Stadium Rental), Source for Sports
- Minor Track Program includes LETS RACE Series
- SAC Intellectual Property Designed by former Olympic Head Coach
- SAC Testing Fully Electronic as of June 2006
- Full Database of Athletic Performances
- Subsidized travel and accommodations to designated meets based on club standards
- Internet & Video Athlete Profiles (Track /SAC)
- Internet Statistics for Athlete Recognition
- Best Effort Filming for Major Competitions
- Industry Leading Track & Field Website www.londonlegiontrack.com
- Free Trial Periods

L.E.T.S. RACE REGISTRATION

\$10 MTA REGISTRATION FEE
BRONZE PACKAGE – 5 MEETS - \$25
SILVER PACKAGE – 10 MEETS - \$40
GOLD PACKAGE – 15 MEETS - \$50

SPORTING ALLIANCES



The purpose of the MTA is to be a non profit organization to coordinate Track and Field athletics on behalf of our members in Ontario, Canada. Our focus is on Youth under 14 years of age that wish to have fun learning about and competing in Track and Field. All L.E.T.S. RACE Participants will be MTA Members.



The Mission of the Ontario Track and Field Association (OTFA) is to promote, enhance, support and facilitate the orderly development of the sport of Track and Field Athletics in Ontario. As a sport it should be athlete / participant centered and accessible to all. It should also contribute to the health, fitness, social development and well being of all participants



LONDON COMMUNITY
FOUNDATION

Thank you to the Ontario Endowment for Children & Youth in Recreation Fund at London Community Foundation for its grant towards the purchase of a professional timing device.



London Legion Track & Field Alliance

Royal Canadian Legion
5 Beech Drive
London, Ontario
N6P 1E1
Phone (519) 652-9477

www.londonlegiontrack.com
Email: info@londonlegiontrack.com

L.E.T.S. RACE JUNE SERIES

Meet 1 - June 7
Meet 2 - June 14
Meet 3 - June 21
Meet 4 - June 25
Meet 5 - June 28

L.E.T.S. RACE JULY SERIES

Meet 1 - July 5
Meet 2 - July 12
Meet 3 - July 19
Meet 4 - July 26
Meet 5 - June 30

L.E.T.S. RACE AUGUST SERIES

Meet 1 - August TBD
Meet 2 – August TBD
Meet 3 – August TBD
Meet 4 – August TBD
Meet 5 – August TBD

L.E.T.S. RACE SERIES EVENTS

Meet 1 Events

- 50m,100m
- 400m
- 1500m
- 4X50, 4X100 Shuttle Relays
- 4X100 Relays

Meet 2 Events

- 50m, 100m
- 200m
- 800m
- 4X50, 4X100 Shuttle Relays
- 4X100 Relays

Meet 3 Events

- 50m, 100m
- 400m
- 1000m
- 4X50, 4X100 Shuttle Relays
- 4X200 Relays

Meet 4 Events

- 50m, 100m
- 300m
- 1500m
- 4X50, 4X100 Shuttle Relays
- 4X100 Relays

Meet 3 Events

- 50m, 100m
- 400m
- 800m
- 4X50, 4X100 Shuttle Relays
- 4X100 Relays

LOCATION & TIME

St. Thomas Aquinas High School

6:30 P.M. to 8:30 P.M.

ABOUT LONDON LEGION

London Legion is a regional leader in Track & Field development. Our primary mission is to increase participation of athletes and coaches in the London and area region for Track & Field. London Legion, in our first year placed 8th in Ontario and 4th in Ontario for Midget (15 and under) and Bantam (13 and under) athletes.

In 2006, London Legion won the OTFA Ontario Indoor Championship and was #1 in Bantam (13 and Under) and Midget (15 and Under) age groups. London Legion currently has 17 coaches.

ABOUT L.E.T.S. RACE

London Elementary Track Series (L.E.T.S RACE) Twilight Meets. A series of Track & Field Twilight meets on mostly Wednesday Evenings. These meets are initially for athletes from Grade 3 – 8. There will be 4 races and 1 relay each evening. The 4 races include 2 sprints and 2 middle distance races. The relays change each week.

All races will be timed with Fully Automated Timers (FAT) using State of the Art FinishLynx Photo Timing Systems and results recorded into Hy-Tek Track & Field Reporting. This is unique for an elementary program.